

A Stay Well Care Plan Just for You

Many adults put off routine visits, often citing busy schedules, costs or simply not feeling sick. That is why we created the Stay Well Care Plan at Village Medical. This is a personalized plan just for you that helps you know when and how often you need to see your doctor or APP so you can maintain good health and stay ahead of potential medical problems.

[Learn more](#)


Have You Had a Comprehensive Medication Review?

As we get older, managing our health can become increasingly complex, especially when it comes to medications. An annual comprehensive medication review can be a key tool in maintaining your health and safety.

[Learn more](#)


A Fresh Start: Easy Ways to Build a Healthier Morning Routine

Establishing a morning routine that works for you can be one of the best ways to enhance your well-being and make the most out of every day.

[Learn more](#)


Understanding Your Thyroid: Hypothyroidism vs. Hyperthyroidism

More than 12 percent of the U.S. population will develop a thyroid condition over the course of their life. That is why it is so important to understand the role of your thyroid gland, the hormones it produces in your body, and be aware of any changes.

[Learn more](#)


Welcome to Your Journey to Well

Visit our blog for more information on various health topics and explanations about the healthcare system.

[Visit Journey to Well Blog](#)

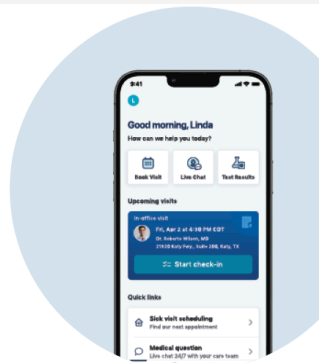
Are you eligible for Medicare's Special Enrollment Period?

Life changes happen, and if you've recently moved, lost employer coverage or been diagnosed with a chronic condition you might be eligible for a Special Enrollment Period (SEP) when you can enroll or change your Medicare plan. We can connect you with an independent insurance agency and one of their licensed agents will support you every step of the way.

[Learn more](#)

Here for you, 24/7

Download our app for the tools you need to stay on top of your health.



Find a Village Medical Near You

Schedule an appointment at any of our convenient locations near you.

[Find a location](#)


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Please contact us at 800-708-8523 with any questions or concerns you may have regarding this email.

If you would like to [make an appointment](#), learn more about our services or view our [No-Show/Late Cancellation policy](#), please visit us at www.villagemedical.com.

If this is a medical emergency, please dial 911.

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